



# IKRC GRAND CANYON

INTERNATIONAL KADAMPA RETREAT CENTER



**Saturday  
March 12  
9-12pm**



# OPEN HOUSE

**with free guided meditation**

- Enjoy Coffee and Pastries
- 15 minute Guided Meditations:  
9:30, 10:30, 11:30am
- Browse our Gift Shop & Cafe



IKRC   

[meditationinnorthernarizona.org](http://meditationinnorthernarizona.org) | 928.637.6232